



Share,  
Support  
& Learn

## Middle-Late Stage Alzheimer's and Dementia Caregiver Support Group

If you are caring for someone in the middle to late stages of Alzheimer's disease or other dementia, you are not alone. Join other caregivers who understand what you are going through for support, information, and education.

Activities, social interaction and snacks for your loved one living with dementia will be provided. Caregivers may bring their loved one to the main entrance at The Classic between 1:30-1:45 pm. Caregivers will then separate into their own support group that will begin at 1:45 pm. Caregivers are encouraged to participate in the support group even if their loved one is not attending.

**TIME:** 1:30 - 2:45 pm

**WHERE:** The Classic at Hillcrest Greens  
2455 Sawgrass Place, Altoona

Contact the Aging & Disability Resource  
Center for more information or to  
register at 715-839-4735.

### 2019 Dates

- January 8
- February 12
- March 12
- April 9
- May 14
- June 11
- July 9
- August 13
- September 10
- October 8
- November 12
- December 10

