

# Resources

## Northwest Connections Crisis Line

Northwest Connections is Eau Claire County's contracted provider for emergency mental health & alcohol/drug services. Northwest Connections will provide callers with a risk assessment, intervention and safety planning targeting an individual's needs, apply the least restrictive treatment approach, and utilize the continuum of resources available within the community.

The contact number for Northwest Connections is 1-888-552-6642.

## 211 Great Rivers

Great Rivers 2-1-1 is a confidential community information, referral, and crisis line service that is available 24 hours a day. Great Rivers 2-1-1 staff are trained to provide supportive listening and emotional encouragement to individuals struggling with the stress and anxiety of these uncertain times. These services are available not only to those overwhelmed about the COVID-19 pandemic, but to all individuals experiencing difficulty. Great Rivers 2-1-1 staff connect individuals experiencing more elevated mental health crises to appropriate services when this is needed. Great Rivers 2-1-1 maintains a resource database of community programs and agencies that may be able to assist with helping callers meet basic needs or address other financial concerns.

<https://www.greatrivers211.org/gr211/>

Call, Text, and Chat are available

## Texting Hopeline

The Center for Suicide Awareness brings help, hope, and resources to families and individuals in our communities through programs that reach others where they are at and when they need it most. Of the many Center programs and initiatives, bringing HOPELINE to all of Wisconsin, has given individuals across our state free emotional support anytime, from anywhere by simply texting: HOPELINE to 741741.

<https://centerforsuicideawareness.org/>

## The Trevor Project

The Trevor Project is an American non-profit organization founded in 1998 focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer and questioning youth. Through a toll-free telephone number, it operates The Trevor Lifeline, a confidential service that offers trained counselors. The stated goals of the project are to provide crisis intervention and suicide prevention services for lesbian, gay, bisexual, transgender, queer and questioning young people under 25, as well as to offer guidance and resources to parents and educators in order to foster safe, accepting, and inclusive environments for all youth, at home and at school.

<https://www.thetrevorproject.org/>

Call, Chat, and Text is available

## National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

Call and Chat are available

<https://suicidepreventionlifeline.org/>

Call and Chat are available.

## Veterans Crisis Line

The Veterans Crisis Line is a free, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care. The caring, qualified responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances.

<https://www.veteranscrisisline.net/>

Call, Chat, and Text are available

If you feel you need ongoing mental health therapy services, please reach out to Eau Claire County at 715-839-7118.